

**Healthy Youth Action Team-Zoom Meeting 5/20/2024 @1:00pm**

**Attendees:**

Co-Chairs: Lisa Smith and EvaLyn Flores-Library Early Literacy Outreach Coordinator

Kayla Schwab-Library Teen Coordinator

Victoria Ingerle-CRMC Injury Prevention

Amy Dyer-Wyoming Hand in Hand (Cheyenne Laramie County Public Health)

Chantelle Runion-Youth Alternatives

Tia Fitzgerald-Community Engagement and Marketing Coordinator United Way

Jennifer Quinlivan-Program Coordinator CASA

**Information and Data**

This meeting began with an update on LIV Health. At one of the last meetings there had been some curiosity about how they were doing when a discussion of mental health services for littles brought them to the forefront. Lisa was able to reach out and discover that their services are alive and well. They actually opened another mental health urgent care in Fort Collins, which could have caused some confusion about if they were still open at their Cheyenne location providing the same mental health urgent care services, but they are still working away. They see ages 5 and up in their crisis services and 8 and up in their regular counseling services. Also the upcoming June 1st mental health resource fair event being hosted at Boys and Girls Club was shared with an encouragement to spread the word. The annual Wyoming Reads Event is tomorrow and the library will be full of first graders and people encouraging them to get involved in and love reading. Summer Reading also kicks off on June 1st. It was also shared the Barnes and Noble is doing a summer reading program where if kids read 8 books they get a free book as a reward.

Lisa also let the team know that work has begun on the community health needs assessment for 2025 and reflecting on the community health improvement plan of the last 3 years. Co-Chairs will keep the team updated on progress and asks.

**LCCP Needs Assessment Action Item-Economic Stability**

The next item of importance discussed was the approval of this group having a Facebook Page for families and youth to access resources, information and support. Through brainstorming the page will be called the Laramie County Family Resource Exchange. Discussed making sure that there are clear rules so the exchange isn’t viewed as a garage sale like page, but more as a place for support and connection. Additional rules were also discussed.

Discussion then turned to narrowing down all of the questions on the upcoming teen survey, so as soon as we have approval and a flyer, we can get things moving. Some specific wording was corrected and justified. Discussion also occurred around providing a place on the teen sticky board at the library for the last question to be as well. Giving teens a way to connect in person and a way to promote answering the survey as well. Details of the flyer were pinned down and Lisa will update the team on progress. The goal is to have the flyer available at the June 1st event. The flyer being up in places where teens hang out was the next talking point and it was agreed that there should be flyers at Starbucks, Beach Please, The Trampoline Park, Flippers, the skating rink, and local game stores. The survey will likely run through the end of July to try and catch as many responses as possible.

EvaLyn made a quick plug for everyone to still visit the Early Childhood brainstorming ideaboard: <https://ideaboardz.com/for/Create%20Change-Early%20Childhood%20Gaps/5177479> and asked that people continue to think about the directions people would like to head with any ideas. Transportation seems to be an ongoing crisis in many areas, including the early childhood realm, so it is very likely it will be a part of upcoming planning.

Next meeting will focus on distribution of the survey, continuing the Facebook Page and beginning planning for the 2nd annual Families Finding Connections Dinner. Lisa acknowledged that she has yet to reach out about finding a way to discuss potential meeting format changes and promised it will be coming soon. Team members were encouraged to reach out to people that they know that should be here as we move forward to make change in this sometimes-slow process.

**Next Steps:**

* The team will get flyers for upcoming events to Lisa.
* Lisa will finish the youth mental health survey and get it to the team to be distributed.
* Team members will share the flyer about the teen mental health survey on available boards and on their Facebook pages.
* Lisa will reach out with a survey to the team about upcoming meeting format.
* NO meeting for the month of July.
* There is always an IdeaBoardz created for the monthly Clear As Mud ending of the meeting. If unfamiliar, Clear As Mud is an opportunity for team members to ask any unresolved burning questions, voice needs for clarifications or specifics of constructive criticism anonymously and the co-chairs can then address these questions, curiosities or comments to the entire team. If you would like to participate you may do so here. <https://ideaboardz.com/for/Clear%20As%20Mud/3274717>

Next meeting: June 17th at 1:00pm by Zoom